# MULTICULTURALISM, DIVERSITY AND INCLUSION TOOLKIT

# 2014 AOTA Conference Baltimore, 2014

(Houston, 2009 revised)

#### Developed by the Multicultural, Diversity & Inclusion Network Groups:

Association of Asian Pacific Occupational Therapists in America (APHOTA)

National Black Occupational Therapy Caucus (NBOTC)

Terapia Ocupacional para Diversidad, Oportunidad y Solidaridad Network of Hispanic Providers (TODOS)

Network for Lesbian, Gay, Bisexual & Transgender Concerns in Occupational Therapy (The Network)

Network of Native American Practitioners (NNAP)

Network of Occupational Therapy Practitioners with Disabilities and Supporters (NOTPD)

Orthodox Jewish Occupational Therapy Caucus (OJOTC)

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### INTRODUCTION

### Purpose of Toolkit

#### **Purpose of Toolkit**

The goal of this resource is to provide OT students and clinicians with one source containing a compilation of a variety of resources and information on how to effectively apply the necessary resources. The primary purposes of this Toolkit are to:

- 1. Promote life-long learning of various cultural groups so therapists can work toward cultural competency. OT's work in a variety of diverse settings, and must demonstrate cultural competency not only with the clients but also with their co-workers.
- 2. Begin the process of self-awareness and personal and professional reflection and development toward being truly authentic in therapeutic use of self.
- 3. Begin the process of developing cultural competency with the resources provided.

\*It is important to realize that **this is not all-inclusive resource** for clinicians and students. It is meant to begin the process of locating valuable resources on different cultural groups through websites, books, videos, and scholarly journals. It is not intended to stand alone as a single guide for the development of cultural competency. Rather, the intention is to increase awareness and push for self-directed learning towards competency. It is also much more effective if you get out and meet people in other cultural groups and get involved in understanding their culture in addition to your own.

# **Toolkit Organization**

The toolkit has sections that provide resources related to each of the following

#### Multicultural, Diversity, and Inclusion Network Groups:

Association of Asian Pacific Occupational Therapists in America (APHOTA)

National Black Occupational Therapy Caucus (NBOTC)

Terapia Ocupacional para Diversidad, Oportunidad y Solidaridad (TODOS) Network of Hispanic Practitioners

Network for Lesbian, Gay, Bisexual & Transgender Concerns in Occupational Therapy (The Network)

Network of Native American Practitioners (NNAP)

Network of Occupational Therapy Practitioners with Disabilities and Supporters (NOTPD)

Orthodox Jewish Occupational Therapy Chavrusa (OJOTC)

Each section is separated into the following headings with a list of resources:

Internet Resources

**Books** 

**Videos** 

**Journals** 

## **Definition of Cultural Competency**

Culturally responsive care is the term used to connote the process of ongoing development of skills that enable the practitioner to respond effectively to the cultural context of each client. The term Cultural Competence is most often used, in the clinic and in the literature. The definition of cultural competency varies throughout current literature. Cultural Competence is viewed as a fluid, developmental, contextual process of personal and professional growth that results in our ability to adequately understand, serve and meet the needs of individuals who behave, think, and look differently from us (Suarez-Balcazar, Rodawoski, Balcazar, Taylor-Ritzler, Portillo, Barwacz, et al. 2009) (AOTA Diversity Ad Hoc Committee Report, 2014). For clarity we suggest "Cultural competency is about responding to cues, developing an attitude of openness, and developing an ability to listen without interpretation" (Wells & Black, 2000, p. ix).

# Importance of Cultural Awareness to Increase Competency as Occupational Therapy Practitioners

The healthcare system in the United States has a culturally diverse population requiring clinicians to develop and practice in a multicultural milieu. Developing skills related to cultural awareness enables clinicians to develop treatment plans addressing the client within context, thereby improving outcomes.

- 1. Culturally competent care is vital to the field of occupational therapy as client-centered care is viewed as a means of providing the best outcomes and quality of care.
- 2. "Increasing cultural diversity in society creates the need for educating culturally competent healthcare providers" (Koskinen & Jokinen, 2007, p. 89).
- 3. Understanding a client's cultural context is vital in developing client centered and culturally meaningful occupational activities in the therapeutic environment (Odawara, 2005).
- 4. Cultural competency is essential for occupational therapists to effectively meet the needs of patients (Kirsh, Trentham, & Cole, 2006; Munoz, 2007).
- 5. Culturally competent service delivery will help reduce the healthcare gap and disparity in outcomes.

Suarez-Balcazar, Y., Rodawoski, J., Balcazar, F., Taylor-Ritzler, T., Portillo, N., Barwacz, D., et al. (2009). Perceived levels of cultural competence among occupational therapists. American Journal of Occupational Therapy, 63(4), 498-505. <a href="http://ajot.aotapress.net/content/63/4/498.full.pdf+html">http://ajot.aotapress.net/content/63/4/498.full.pdf+html</a>

### General Resources

General information on cultural competency is also included to give the user valuable information not related to a specific cultural group. This information comes in the form of general resources, cultural competency checklists, and information on how to effectively use interpreters.

## **OT Cultural Competency Checklists**

The following are resources to help you assess if your organization is culturally competent as well as yourself.

#### **Assessment of Organizational Cultural Competence**

Assessment of Organizational Cultural Competence is the work of an Ad Hoc Committee of the Association of University Centers on Disabilities (AUCD) Multicultural Council.

http://www.aucd.org/docs/councils/mcc/cultural\_competency\_assmt2004.pdf

Center for the Study of Issues in Public Mental Health, Multicultural Research Issues <a href="http://csipmh.rfmh.org/projects/multi-culture.htm">http://csipmh.rfmh.org/projects/multi-culture.htm</a> The Center is dedicated to improving the outcomes of public mental health services through the effective integration of research, policy and practice.

#### Children's National Medical Center, Washington, D.C.

http://www.childrensnational.org/emsc/pubres/oldtoolboxpages/culturalcompetency.aspx

Common Phrase Translation: Bridging the Language Barrier in Occupational Therapy, Physical Therapy, and Speech Therapy http://www.common-phrase-translation.com/

#### Compendium of Cultural Competence Initiatives

http://kff.org/disparities-policy/report/compendium-of-cultural-competence-initiatives-in-health

•Following the Institute of Medicine's report, recommending the health care industry to create a plan to reduce racial and ethnic disparities in medical care, The Kaiser Family Foundation has attempted to put together one single document outlining the activities that should be done as well as programs that are currently underway.

**Cultural Competency Checklist** California Institute for Mental Health: Center for Multicultural Development

•This brochure provides a definition of cultural competency and healthcare disparities. Included is a checklist when considering activities such as; audience, cultural factors, and communication. • <a href="http://www.cibhs.org/pod/multicultural-mental-health-brochure-series-interactive-cds">http://www.cibhs.org/pod/multicultural-mental-health-brochure-series-interactive-cds</a>

**Diversity, Healing, and Health Care** a cooperative project of On Lok SeniorHealth [sic] and the Stanford Geriatric Education Center. <a href="http://www.bonshome.org/diversity.htm">http://www.bonshome.org/diversity.htm</a>

Kaiser Family Foundation In an effort to address the racial inequities in health care that exist today, KFF brought together leading public and private sector policymakers to review the evidence in race and medical care and discuss what can be done to address these inequities. <a href="http://kff.org/disparities-policy/issue-brief/eliminating-racialethnic-disparities-in-health-care-what/">http://kff.org/disparities-policy/issue-brief/eliminating-racialethnic-disparities-in-health-care-what/</a>

#### National Center for Cultural Competence (NCCC)

http://www11.georgetown.edu/research/gucchd/nccc/

Major emphasis is placed on policy development, assistance in conducting cultural competence organizational self-assessments, and strategic approaches to the systematic incorporation of culturally competent values, policy, structures and practices within organizations.

Promoting Cultural Diversity and Cultural Competency. Tawara D. Goode, Georgetown University Center for Child & Human Development. University Center for Excellence in Developmental Disabilities Education, Research & Service. Adapted from "Promoting Cultural Competence and Cultural Diversity in Early Intervention and Early Childhood Settings Jun 1898; Revised 1993, 1996, 1999, 2000, 2002, & 2004

- Designed for medical personnel working with children with disabilities and their families. Includes basic ideas for work area and communication.
- http://nccc.georgetown.edu/documents/Checklist PHC.pdf

The Family PACT Linguistic and Cultural Competency Toolkit includes a self-assessment survey along with all the information you need to understand the results and develop an action plan for enhancing your services and programs. <a href="http://www.familypact.org/\_Resources/Ql Tools/CulturalCompetencyToolkit\_v3-13">http://www.familypact.org/\_Resources/Ql Tools/CulturalCompetencyToolkit\_v3-13</a> ADA.pdf

Transcultural Nursing: <a href="http://www.culturediversity.org/cultcomp.htm">http://www.culturediversity.org/cultcomp.htm</a>

#### **Books**

Aguilar, L.C. Ouch! That stereotype hurts! Communicating respectfully in a diverse world. (2006). Dallas, TX, The Walk the Talk Company.

American Psychological Association (2002). Guidelines on multicultural education, training, research, practice and organizational change for psychologists. Washington, D.C: Author, retrieved February, 2, 2007 from <a href="http://www.apa.orgpi/multiculturalguidelines.">http://www.apa.orgpi/multiculturalguidelines.</a> pdf.

Bastable, S. (2006). Essentials of patient education. Sudbury, MA: Jones and Bartlett Publishers.

Bonder, B., Martin, L., & Miracle, A.W. (2002). *Culture in clinical care.* Thorofare, NJ: Slack.

Bucher, Richard D. (2004, 2nd Ed.) Diversity Consciousness: Opening our Minds to People, Cultures, and Opportunities.

Campinha-Bacote, J. (2003). The process of cultural competence in the delivery of healthcare services, 4th ed. Cincinnati, Ohio: Transcultural C.A.R.E. Associates.

Davis, F. J. (2001). Who is black?: One nation's definition. Philadelphia: Pennsylvania State University Press.

Derman-Sparks, L. (Ed.). (1989). Anti-bias curriculum: Tools for empowering young children. Washington, DC: National Association for the Education of Young Children.

Eddy, R. (1996). Reflections on multiculturalism. Yarmouth, ME: Intercultural Press.

Eliason, MJ., Raheim, S. (2000). Experiences and comfort with culturally diverse groups in undergraduate pre-nursing students. *Journal of Nursing Education*, 39, 161-165.

Fadiman, A. (1998). The spirit catches you and you fall down. New York: Farrar, Straus & Giroux. NewYork. Story of the Hmong.

Gaw, A. C. (2001). Concise guide to cross-cultural psychiatry. Washington, DC: American Psychiatric Association.

Gielen, U.P., Fish, J.M., & Draguns, J.G. (2004). Handbook of culture, therapy and healing. Mahwah, New Jersey: Lawrence Erlbaum Associates, Publishers.

Giger, J. & Davidhizar, R. (2004). *Transcultural nursing: Assessment and intervention*. St. Louis: Mosley Year Book.

Institute of Medicine. (2003). *Unequal treatment: Confronting racial and ethnic disparities in healthcare*. Washington, DC: The National Academies Press.

Iwama, M.K., (2006). The Kawa model. Elsevier Churchill Livingstone. Philadelphia, PA

Kronenberg, F., Salvador, S.A., Pollard, N. (2005). Occupational Therapy without borders: Learning from the spirit of survivors. Elsevier Churchill Livingstone. Philadelphia, PA.

Neslen, E.M., Neslen, S.E., (1996). The therapeutic alliance: Enhancing client-practitioner relationships. *OT Practice*, 1(4), 21-27.

Salimbene, S. (2002). What language does your patient hurt in? A practical guide to culturally competent patient care. Rockford, IL: Inter-Face International, Inc.

Taylor, R.R. (2008). The intentional relationship: Occupational therapy and use of self. Philadelphia. F.A. Davis Company.

Taylor, R.R., Lee, S. W., Kielhofner, G., & Ketkar, M. (2007). *Therapeutic use of self: A nationwide survey of practitioners*. Manuscript submitted for publication.

Thrash, J. (2006) Common Phrase Translation: Spanish for English Speakers for Occupational Therapy, Physical Therapy, and Speech Therapy. Burbank.

U.S. Department of Health and Human Services. (2001). *National standards for culturally and linguistically appropriate services in health care, final report*. Retrieved November 17, 2003, from <a href="http://www.omhrc.gov/omh/programs/2pgprograms/finalreport.pdf">http://www.omhrc.gov/omh/programs/2pgprograms/finalreport.pdf</a>

Wallace, D. W. (1995). Education for extinction: American Indians and the boarding school experience 1875-1928. Lawrence: University Press of Kansas.

Wells, S. A. (1994). Multicultural education and resource guide for occupational therapy educators and practitioners. Rockville, MD: American Occupational Therapy Association.

Wells, S. A., & Black, R. M. (2000). Cultural competency for health professionals. Bethesda, MD: American Occupational Therapy Association.

Wong, P.T. & Wong, L.C. (2006). Handbook of multicultural perspectives on stress and coping. New York: Springer Science and Business Media.

Wongsaroj, A. A. (2000). Cultural awareness and knowledge in an occupational therapy curriculum. Master's thesis, Tufts University.

#### Internet Resources

The <u>American Medical Association</u> (AMA) created a resource entitled: *Cultural Competence Compendium* It can be downloaded at <u>www.ama-assn.org</u> and it can be purchased by the AMA. Contents include:

- Physician Professional Organizations
- Resources Emphasizing Communication Skills
- Curriculum and Training Materials
- Specific Populations: Needs and Resources
- Complementary and Spiritual Practices & Their Impact on Effective Care
- Relevant Materials from Nursing and Other Health Professions (includes OT)
- Patient Support Materials, Including Self-Help Group Resources
- Representative Cultural Competence Publications
- Virtual Resources
- Selected AMA Reports

# American Psychological Association (APA), Society for the Psychology Study of Ethnic Minority Issues

http://www.apa.org/divisions/div45/

•The Society for the Psychology Study of Ethnic Minority Issues, a Division of the American Psychological Association, (APA), is the major representative body for psychologists who conduct research on ethnic minority concerns or who apply psychological knowledge and techniques to ethnic minority issues.

"Blue Eyes/Brown Eyes". <a href="http://www.janeelliott.com/">http://www.janeelliott.com/</a> A site that provides the video Blue eyes/brown eyes video and exercise as well as other related educational materials.

#### Cross Cultural Health Care Program

http://www.ihi.org/resources/Pages/ImprovementStories/CrossCulturalChallengesImprovingtheQuality ofCareforDiversePopulations.aspx

•The Cross Cultural Health Care Program (CCHCP) offers many resources that address cultural health care issues. Resources include books, training programs, interpreter information, and research programs. The CCHCP strives to serve as a bridge between communities and health care institutions to ensure that the communities receive the care they need.

**Diversity Rx:** <a href="http://www.diversityrx.org/">http://www.diversityrx.org/</a>. This website offers information on how to design programs that address linguistic and cultural barriers to healthcare.

#### Impact of Global Immigration on Health Care:

http://futurehealth.ucsf.edu/Public/Publications-and-Resources/Content.aspx?topic=Impact\_of\_Global\_Immigration\_on\_Health\_Care **Providers Guide to Quality and Culture**: This website contains useful information related to cultural competence and health care

http://erc.msh.org/mainpage.cfm?file=6.0a.htm&language=english&module=provider

**Public Broadcasting System (PBS):** <u>www.pbs.org</u> A lot of information and resources especially *Matters of Race* 

**Teaching Tolerance**: Founded in 1991 by the Southern Poverty Law Center, Teaching Tolerance is dedicated to reducing prejudice, improving intergroup relations and supporting equitable school experiences for our nation's children. They provide free educational materials to teachers and other school practitioners in the U.S. and abroad. www.tolerance.org

• <a href="http://www.tolerance.org/supplement/test-yourself-hidden-bias">http://www.tolerance.org/supplement/test-yourself-hidden-bias</a>: This online "test" allows learners to consider stereotypes based on skin color, age, gender, heritage, and body image. A good self-awareness tool. Some topics include race, sexual orientation, and who is an American.

# The Center for Research on Ethnicity, Culture and Health (CRECH) <a href="http://www.crech.org/">http://www.crech.org/</a>

•The Center for Research on Ethnicity, Culture and Health provides a forum for basic and applied public health research on relationships among ethnicity, culture, socioeconomic status and health.

#### The EthnoMed http://www.ethnomed.org/

•Site contains information about cultural beliefs, medical issues and other related issues pertinent to the health care of recent immigrants.

#### The Office of Minority Health Resource Center (OMHRC)

http://minorityhealth.hhs.gov/templates/browse.aspx?lvl=2&lvllD=15

•The mission of OMH is to improve the health of racial and ethnic populations through the development of effective health policies and programs that help to eliminate disparities in health.

**Understanding Prejudice.** Many resources available. http://www.understandingprejudice.org/anthol.htm

**US Census Bureau**: <u>www.census.gov.</u> Definitions of race, populations, and geographic information.

### **Interpreters**

American Translators Association: <a href="http://www.atanet.org/">http://www.atanet.org/</a>

Cross Cultural Health Care Program: <a href="http://www.xculture.org/">http://www.xculture.org/</a> a nonprofit organization, whose mission is to help ensure underserved communities full access to quality health care that is culturally and linguistically appropriate.

Dictionary.com Translator: <a href="http://translate.reference.com/">http://translate.reference.com/</a>

Federal and State Guidelines for Medical Interpretation Services National Standards of Practice for Medical Interpreters are available at:

Hablamos Juntos: <a href="http://hablamosjuntos.org/resources/default.asp">http://hablamosjuntos.org/resources/default.asp</a> http://www.ncihc.org/index.php?option=com content&view=article&id=44

Iowa Department of Human Services DHS website: has a variety of resources listed and other interpreter links http://www.dhs.state.ia.us/refugee/interpreter/hcresources.asp

National Council on Interpreting in Healthcare: <a href="http://www.ncihc.org/mc/page.do">http://www.ncihc.org/mc/page.do</a>

Northwest Translators and Interpreters Society: <a href="http://www.notisnet.org">http://www.notisnet.org</a>

Office of Minority Health. National Standards for Culturally and Linguistically Appropriate Services in Health Care: Final Report. Washington, DC March 2001: <a href="http://minorityhealth.hhs.gov/templates/browse.aspx?lvl=2&lvlID=15">http://minorityhealth.hhs.gov/templates/browse.aspx?lvl=2&lvlID=15</a>

Speech Gear translation software <a href="http://www.speechgear.info/">http://www.speechgear.info/</a>

The CATIE Center at the College of St. Catherine: website designed to provide a comprehensive guide to resources for ASL-English interpreters working in medical settings. <a href="https://www2.stkate.edu/sites/default/files/sites/catie-center/Healthcare\_Annotated\_Bibliography\_10-28-14.pdf">https://www2.stkate.edu/sites/default/files/sites/catie-center/Healthcare\_Annotated\_Bibliography\_10-28-14.pdf</a>

### **Movies**

"Childhood-The House of Tomorrow." Videotape series
Puberty marks the onset of major physiological changes. This program looks at
the end of childhood and the almost infinitely varied rites of passage. Ambrose
Video Publications. New York.

www.ambrosevideo.com

"Developing Cultural Competence"

How cultural beliefs and values affect communication

http://www.medifecta.com/p-77-developing-cultural-competence-dvd.aspx

"The Color of Fear"

In the documentary film a group of men at a weekend retreat engage in an open and candid dialogue on race and ethnicity. http://www.tcnj.edu/~kpearson/color/color.html

"When Billy Broke His Head and Other Tales of Wonder." (1994). This autobiographical documentary takes a surprisingly funny, innovative, but realistic look at the political obstacles faced by America's disabled. Rent/buy at <a href="http://www.fanlight.com">http://www.fanlight.com</a>

"Working Like Crazy"

Challenges stereotypes. This is a fresh, engaging look at the struggles and victories of six former mental health patients. Though once labeled "unemployable," they now work in businesses run and staffed by other psychiatric survivors.

Rent/buy at <a href="http://www.fanlight.com">http://www.fanlight.com</a>

## Journals/Articles

American Medical Association. (1999). *Cultural competence compendium*. Chicago: Author. AMA

Bailey, D. (2000). Introducing an awareness of cultural diversity into an established curriculum. In P. A. Crist (Ed.), *Innovations in Occupational Therapy Education 2000* (pp. 134-1450. Bethesda, MD: American Occupational Therapy Association, Inc.

Barney, K. F. (1991). From Ellis Island to assisted living: Meeting the needs of older adults from diverse cultures. American Journal of Occupational Therapy, 45(7), 586-593.

Cena, L., McGruder, J., & Tomlin, G. (2002). Representations of race, ethnicity, and social class in case examples in The American Journal of Occupational Therapy. American Journal of Occupational Therapy, 56(2), 130-139.

Clark, R., Anderson, N.B., Clark, V.R., & Williams, D.R. (1999). Racism as a stressor for African Americans. *American Psychologist*, 54, 805-816

Clinton, J. F. (1996). Cultural diversity and health care in America: Knowledge fundamental to cultural competence in baccalaureate nursing students. *Journal of Cultural Diversity*, 3(1), 4-8.

Cokley, K.O. (2005). Racial(ized) identify, ethnic identify, and Afrocentric values: Conceptual and methodological challenges in understanding African American identity. *Journal of Counseling Psychology*, 52, 4 517-526.

Dowling, J. S. & Coppens, N. M. (1996). Understanding culture and health practices through an experiential learning project. *Nurse Educator*, 21(6), 43-46.

Driver, C. & Beltran, R.O. (1998). Impact of refugee trauma on children's occupational role as school students. Australian Journal of Occupational Therapy, 46, 23-38

Dunn, T.W., Smith, T.B., & Montoya, J.A. (2006). Multicultural competency instrumentation: A review and analysis of reliability generalization. *Journal of Counseling and Development*, 84, 471-482.

Dyck, I. (1992). Managing chronic illness: An immigrant woman's acquisition and use of healthcare knowledge. *American Journal of Occupational Therapy*, 46, 696-705.

Evans, J. (1992). Nationally speaking: What occupational therapists can do to eliminate racial barriers to health care access. American Journal of Occupational Therapy, 46(8), 679-683.

Forwell, S. J., Whiteford, G., & Dyck, I., (2001). Cultural competence in New Zealand and Canada: Occupatoinal therapy students' reflections on class and fieldwork curriculum. *The Canadian Journal of Occupational Therapy* 68, 2, 90-104.

Kress, V.E., Ericksen, K.P., Rayle, A.D., & Wood, S.J. (2005). The DSM-IV-TR and culture: Considerations for counselors. Journal of Counseling and Development, 83, 1, 97-104.

Levin, S.J., Like, R.C., & Gottlieb, J.E. (2011). ETHNIC: A framework for culturally competent clinical practice. *Patient Care*, 34, 9, 188-189

Munoz, J. P., (2007). Culturally responsive caring in occupational therapy. *Occupational Therapy International*, 14(4), 256-280.

Tervalon, M. & Murray-Garcia, J., (1998). Cultural humility versus cultural competence: A critical distinction in defining physician training outcomes in multicultural education. *Journal of Health Care for the Poor and Underserved*, 9, 2, 117-125.

#### Additional

**BaFa' BaFa'** simulation exercise. **It** initiates immediate, personal change by making individuals personally aware of the issues around culture differences. Participants feel the alienation and confusion that comes from being different in a safe, stimulating environment. <a href="http://www.stsintl.com/business/bafa.html">http://www.stsintl.com/business/bafa.html</a>

#### **Evidenced Based Practice Book List**

Dresser, N., (1996). Multicultural Manners: New Rules of Etiquette for a Changing Society

Hirschberg, T., & Hirschberg, S. (2008) One World, Many Cultures

Iwana, M.K. (2006). The Kawa Model: Culturally Relevant Occupational Therapy

Luckmann, J., (2000) Transcultural Communication in Health Care

Spector, R.E. (2008). Cultural Diversity in Health and Illness

Welch, M., (2003). Teaching Diversity and Cross-Cultural Competence in Health Care: A Trainer's Guide

#### Evidence Based Practice Material about Cultural Competence and Language:

Administration on Aging, (2001). Achieving Cultural Competence: A Guidebook for Providers of Services to Older Americans and Their Families. Washington D.C.: U.S. Department of Health and Human Services.

American Occupational Therapy Association (2011) Advisory opinion for the Ethics Commission: Cultural competency and ethical practice. <a href="http://www.aota.org/-/media/Corporate/Files/Practice/Ethics/Advisory/Cultural-Competency.pdf">http://www.aota.org/-/media/Corporate/Files/Practice/Ethics/Advisory/Cultural-Competency.pdf</a>

Bender, D.E., Clawson, M., Harlan, C., and Lopez, R. (2004). *Improving access for Latino immigrants:* 

Bybee, R.F., and Carlson, M. (2004). Proficiency in clinical Spanish: A pilot study. Journal of Physical Therapy Education. 18:2, 87-90.

Common Phrase Translation: Spanish for English Speakers for Occupational Therapy, Physical Therapy and Speech Therapy. Burbank: Jacqueline Thrash.

Dillard, M., Andonian, L., Flores, O., Lai, L., MacRae, A., and Shakir, M. (1992). Culturally competent occupational therapy in a diversely populated mental health setting. *American Journal of Occupational Therapy*. 46:8, 721-726.

Evaluation of language training adapted to the needs of health professionals. Journal of Immigrant and Minority Health. 6:4, 197-209.

Hickey, C. (2006). Physical Therapists' Perception of the Impact of Language and Cultural Barriers on Language Barriers on Health Outcomes. Unpublished doctoral dissertation, Capella University, Minneapolis.

Levine, R.E. (1987). Culture: a factor influencing the outcomes of occupational therapy. *Occupational Therapy in Health* Care. 4:1, 3-16.

Lyons, A. (2000). Cultural competence in occupational therapy practice. *Home & Community Health.* 7:3, 1-2.

MacRae, A. (2005). Environmental and cultural considerations. Psychosocial Occupational Therapy: A Clinical Practice, 2nd Edition. New York: Thomson Delmar Learning.

Mauras-Neslen, E., and Neslen, S.E. (1996). The therapeutic alliance: Enhancing client- practitioner relationships. *OT Practice*, April.

McCormack, G.L. (1987). Culture and communication in the treatment planning for occupational therapy with minority patients. *Occupational Therapy in Health Care*. 4:1, 17-36.

Span, L. (2006). I Can't Understand What You're Telling Me. Physical Therapy: A Study of the Impact of Thrash, J. (2006).

Thrash, J. (2009). Talk the talk. Advance for Directors of Rehabilitation. Philadelphia: Merion Publications.

Timmins, C.L. (2002). The impact of language barriers on the health care of Latinos in the United States: A review of the literature and guidelines for practice. *Journal of Midwifery & Women's Health* 47:2, 80-97.

*Treatment and Outcomes.* Unpublished doctoral dissertation, California State University Fresno, California.

Yuen, H.K., and Yau, M.K. (1999). Cross-cultural awareness and occupational therapy education. *Occupational Therapy International*. 6:1, 24-34.

# Healthcare Disparities

### Internet Resources on Healthcare Disparities

http://www.cdc.gov/minorityhealth/CHDIReport.html The National Center for Health Statistics (NCHS).

http://www.ahrq.gov Congressionally mandated annual report on health care disparities from the Agency for Healthcare Research and Quality.

http://www.hrsa.gov/about/reduceracialdisparities.pdf Health data from the Department of Health and Human Services.

http://onlinelibrary.wiley.com/enhanced/doi/10.3322/canjclin.54.2.72 Freeman HP. Poverty, Culture, and Social Injustice: Determinants of Cancer Disparities.

http://www.diversityrx.org/best/. Multicultural Health Best Practices Overview. Includes the Kleinman questions.

<a href="http://www.ahrq.gov">http://www.ahrq.gov</a> Women's Health Care in the United States. Selected Findings from the 2004 National Healthcare Quality and Disparities Reports.

Robert Wood Johnson Foundation Health Disparities Digest: <a href="http://www.rwjf.org/en/search-results.html?u=&k=health+disparities">http://www.rwjf.org/en/search-results.html?u=&k=health+disparities</a>

http://www.aap.org/commpeds/resources/cult\_effectiveness.html\_American Academy of Pediatrics

http://www.ahrq.gov/qual/nhdr03/nhdrsum03.htm http://www.pubmedcentral.nih.gov/articlerender.fcgi?artid=1702521 Agency for Healthcare Research and Quality

America's Children: Key National Indicators of Well-Being: <a href="http://childstats.gov/">http://childstats.gov/</a>

To access other health data from the Department of Health and Human Services, use the gateway to data and statistics: <a href="http://www.hhs-stat.net/">http://www.hhs-stat.net/</a>

Educators can address factors underlying health and health-care disparities by using: Freeman HP. Poverty, Culture, and Social Injustice: Determinants of Cancer Disparities. CA Cancer J Clin, 2004;54:72-77

 $\frac{\text{http://onlinelibrary.wiley.com/store/10.3322/canjclin.54.2.72/asset/72 } {\text{ftp.pdf?v=1\&t=i2lahv6k}} \\ \&s=0.653f16586bdb86bc32132fde4f05ae8a770ed8b}$ 

Mokdad AH, Marks JS, Stroup DF, Gerberding JL. Actual Causes of Death in the United States, 2000, JAMA.

2004;291:1238-1245. <a href="http://www.csdp.org/research/1238.pdf">http://www.csdp.org/research/1238.pdf</a>

Resources on the intersection of race and genetics which can be used when developing course materials to describe factors that impact health, critically appraise literature on disparities and understand social determinants of health include the January 2005 American Psychologist special issue on "Genes, Race, and Psychology in the Genome Era": <a href="http://www.genome.gov/13014159">http://www.genome.gov/13014159</a>

Department of Energy's Human Genome Project's website has linkages to two special journal issues on race and genetics they sponsored (November 2004 *Nature Genetics*; Spring 2002 *Journal for Minority Medical Students* supplement), as well as other resources:

http://www.ornl.gov/sci/techresources/Human\_Genome/elsi/minorities.shtml

Sample health disparities cases developed by UC Irvine, under construction at <a href="http://www.ucihs.uci.edu/family/facultydev/modules/index.html">http://www.ucihs.uci.edu/family/facultydev/modules/index.html</a>

HEALTH CARE DISPARITIES RESOURCE DIRECTORYHEALTH CARE. DISPARITIES RESOURCE DIRECTORY. <a href="http://news.aetna.com/news-releases/aetna-recognized-for-reducing-health-care-inequality/">http://news.aetna.com/news-releases/aetna-recognized-for-reducing-health-care-inequality/</a>

<u>Eliminating Health Care Disparities Resources - Website</u>: Publications and Resources / Eliminating Health Care Disparities Resources http://safetynetinstitute.org/publications/eliminatinghealthcaredisparities/

### **Journal Articles**

Bass-Haugen, J.D. (2009). Health disparities: Examination of evidence relevant for occupational therapy. *American Journal of Occupational Therapy*, 63, 24-34.

Ford, K, Waring, L, & Boggis, T. (2007). Living on the edge. The hidden voices of health disparities. *OT Practice*, *12*(5), 17-22.

# Asian/Pacific Heritage Occupational Therapy Association(APHOTA)

Contact: Jyothi Gupta, PhD., OTR/L., FAOTA; jqupta@stkate.edu

#### **Mission**

The mission of the organization is to create a means for the occupational therapy practitioners who are committed to supporting Asian/Pacific practitioners and advancing a greater understanding of Asian/Pacific cultural issues affecting occupational therapy practice.

The purpose of the organization shall be:

- •Serve as a liaison between occupational therapy practitioners with concerns about Asian/Pacific cultural issues affecting occupational therapy practice and the American Occupational Therapy Association
- Promote scholarly activities and research on Asian/Pacific cultural issues affecting occupational therapy practice
- •Identify and work to achieve common goals and needs
- Promote and support learning and scholarship
- Support occupational therapy practitioners immigrating from Asian/Pacific countries with transition and integration into the North American occupational therapy practice

 Promote occupational therapy education and scholarly exchange among Asian/Pacific countries and North America

#### Internet Website Resources \*\*NOTE: Some links need to be cut and pasted to work.

National Asian Pacific American Families Against Substance Abuse (NAPAFASA) <a href="http://www.napafasa.org/">http://www.napafasa.org/</a>

National Asian American and Pacific Islander Mental Health Association (NAAPIMHA) <a href="http://www.naapimha.org/">http://www.naapimha.org/</a>

Asian & Pacific Islander American Health Forum (APIAHF) <a href="http://www.apiahf.org/">http://www.apiahf.org/</a>

AAPCHO is a national association of community health organizations serving Asian Americans, Native Hawaiians, and other Pacific Islanders. This organization is dedicated to promoting advocacy, collaboration, and leadership that improves the health status and access of these medically underserved communities.

http://www.aapcho.org/

#### http://www.stanford.edu/group/ethnoger/chinese

- Religion and Language
- Patterns of Health Risks
- •Role of Western Society on Health Status

#### http://www.ijtr.org/MUSE\_IJTR\_Vol2\_Issue1.pdf

- Acculturation and healthcare
- Culturally competent healthcare
- Folk categories of use

#### http://digitalcommons.uconn.edu/dissertations/AAI9525666/

•Health, Medicine, & Beliefs: Chinese American elderly in a developing multicultural urban society

#### http://depts.washington.edu/pfes/PDFs/ChineseCultureClue.pdf

Communicating with your Chinese patient

#### http://personal.uncc.edu/macurran/2002/webproject/asi.htm

•Traditional Techniques of Healing

#### http://asianamericanhealth.nlm.nih.gov/majasian03.html

- Major Asian Populations
- Complementary/Alternative Medicine
- Healthcare beliefs and practices

- Behavioral and Mental Health Issues
- Materials in Asian Languages

#### http://www.stanford.edu/group/ethnoger/asianindian.html

- Demographics
- •Religion & Language
- Pattern of Health Risks

#### http://www.culturediversity.org/afro.htm

- Cultural Competency
- Case Studies
- Health Practices
- Social Customs

http://www.pbs.org/ancestorsintheamericas/aahistorysites.html#4 http://www.asian-nation.org/

#### http://www.stanford.edu/group/ethnoger/korean.html

- Health beliefs
- •Importance of family and kinship
- Patterns of Health Risk
- Culturally Appropriate Geriatric Care

#### http://personal.uncc.edu/macurran/2002/webproject/asi.htm

•Traditional Techniques of Healing

#### http://bearspace.baylor.edu/Charles Kemp/www/korean health.htm

- Spirituality
- Communication
- Education
- Family & Social Roles
- Health care beliefs and practices

#### http://www.koreasociety.org/

http://www.allaboutasians.com/asian-korean.html

#### http://personal.uncc.edu/macurran/2002/webproject/asi.htm

•Traditional Techniques of Healing

#### http://bearspace.baylor.edu/Charles\_Kemp/www/vietnamese\_health.htm

- Buddhism and Health
- •Health Care Beliefs and Practices
- •Western Medicine

<u>CAMS (Chinese American Medical Society)</u> CAMS is a charitable, educational, and scientific society. A major objective is to advance medical knowledge and scientific research with emphasis on aspects unique to the Chinese.

#### **Books**

Alexander, G.P. (2006). New Americans: The Progress of Asian Indians in America

Byoung-chul, M., (2004). <u>Ugly Koreans Ugly Americans</u>

Carlson, L. M. (ed). (1994). American Eyes: New Asian-American Short Stories for Young Adults <a href="http://www.amazon.com/American-Eyes-Asian-American-Stories-Adults/dp/0449704483">http://www.amazon.com/American-Eyes-Asian-American-Stories-Adults/dp/0449704483</a>

Chan, S. (2006). The Vietnamese American 1.5 Generation: Stories of War, Revolution, Flight and New Beginnings <a href="http://www.amazon.com/The-Vietnamese-American-1-5-Generation/dp/1592135013">http://www.amazon.com/The-Vietnamese-American-1-5-Generation/dp/1592135013</a>

Chang, I. (2004). The Chinese in America: A Narrative History

D'Andrade, R. (2008). A Study of Personal and Cultural Values: American, Japanese, and Vietnamese <a href="http://www.amazon.com/Study-Personal-Cultural-Values-Vietnamese/dp/0230602991">http://www.amazon.com/Study-Personal-Cultural-Values-Vietnamese/dp/0230602991</a>

Fitterer, C. A. (2002). Vietnamese Americans. <a href="http://books.google.com/books/about/Vietnamese\_Americans.html?id=rZGFkJg">http://books.google.com/books/about/Vietnamese\_Americans.html?id=rZGFkJg</a>
<a href="mailto:18mUC">18mUC</a>

Kwong, P. & Miscevic, D. (2000) <u>Chinese Americans: The Immigrant Experience</u> http://www.amazon.com/Chinese-Americans-Dusanka-Miscevic/dp/0883631288

Gong, R., (2005). <u>Good Luck Life: The Essential Guide to Chinese American</u> Celebrations and Culture

Harper-Dorton, K. V., & Lantz, J. (2007). *Cross-cultural Practice: Social Work With Diverse Populations*(2nd ed.). Chicago Illinois: Lyceum Books, Inc. <a href="http://www.barnesandnoble.com/w/cross-cultural-practice-2e-karen-m-harper-dorton/1111241672?ean=9780925065766">http://www.barnesandnoble.com/w/cross-cultural-practice-2e-karen-m-harper-dorton/1111241672?ean=9780925065766</a>

Indo American Center Education (2003). <u>Asian Indians of Chicago (IL) (Images of America)</u>

Joshi, K.Y. (2006). <u>New Roots in America's Sacred Ground: Religion, Race, And Ethnicity in Indian America</u>

Kemp, C. & Rasbridge. L. A. (2006) Refugee and Immigrant Health: A Handbook for Health Professionals.

http://books.google.com/books/about/Refugee and Immigrant Health.html?id = CVCzQqAACAAJ

Kibria, N (2003). <u>Becoming Asian American: Second-Generation Chinese and Korean American Identities</u>

Kim, I. J. (2004). Korean-Americans: Past, Present, and Future

Kim, K. W., Warner, R. S., Kwon, H. (2001) <u>Korean Americans and Their Religions:</u> <u>Pilgrims and Missionaries from a Different Shore</u>

Mody, S. L. (2004). <u>Cultural Identity in Kindergarten: A Study of Asian Indian Children</u>

Pfaelzer, J (2008). <u>Driven Out: The Forgotten War against Chinese Americans</u>

Purnell, L.D, Paulanka, B. J. (1998). *Transcultural Health Care: A Culturally Competent Approach.* 

https://www.google.com/search?q=Transcultural+Health+Care%3A+A+Culturally +Competent+Approach.+&ie=utf-8&oe=utf-8&aq=t&rls=org.mozilla:en-US:official&client=firefox-

<u>a#q=Transcultural+Health+Care%3A+A+Culturally+Competent+Approach.&rls=org.mozilla:en-US:official&tbm=shop</u>

Sucheng, C. & Hsu, M. Y. (2008). <u>Chinese Americans and the Politics of Race and Culture (Asian American History & Cultu)</u>

Tan, A. (1996) The Joy Luck Club

Truong-Nhu Dinh and Tran Thi Truong Nga (2006). The Last Boat Out: Memoirs of a Triumphant Vietnamese-American Family. <a href="http://www.amazon.com/The-Last-Boat-Out-Vietnamese-American/dp/0975479660">http://www.amazon.com/The-Last-Boat-Out-Vietnamese-American/dp/0975479660</a>

Tung, M., (2000). <u>Chinese Americans and Their Immigrant Parents: Conflict, Identity, and Values</u>

**United States** 

Wong, K.S. (2008). <u>Americans First: Chinese Americans and the Second World War</u>

Xueqin Ma, Grace (1999). The Culture of Health: Asian Communities in the United States.

Yoo, D.K., & Chung, R.H. (2008). Religion and Spirituality in Korean America

Yung, J., Chang, G., & Mark Lai, H. (2006). <u>Chinese American Voices: From the Gold Rush to the Present</u>

Zhou, M. & Banston, C. L. (1999). Growing Up American: How Vietnamese Children Adapt to Life in the

#### **Videos**

Becoming American: The Chinese Experience PBS

National Geographic Specials: Lost Girls of China

China from the Inside PBS

(Films for Humanities & Science)

- a. Chinese-Americans: Living in Two Worlds
- b. A Nation of Immigrants: The Chinese-American Experience
- c. When East Meets East
- d. Angel Island: A Story of Chinese Immigration
- e. Becoming American: The Chinese Experience Between Two Worlds
- f. Gold Mountain Dreams
- g. No Turning Back
- h. A Personal Journey with Gish Jen

Gandhi, (1982). Director Richard Attenborough. Columbia EMI-Warner.

India: Population and Resources (Films for Humanities & Science)

<u>India of the Gandhis</u> (Films for Humanities & Science)

"Roots in the Sand" PBS

The Story of India (PBS)

Korea: War, Prosperity & Democracy

Korean Americans (Films for the Humanities)

South Korea: From Illiteracy to Affluence

The Naked and the Dead

The New Generation: Vietnamese-Americans Today

The Fall of Saigon and the South Vietnamese Exodus to America

Vietnamese-Americans

The Legacy of Vietnam: Learning the Lessons of War

No Man's Land: The Fall

#### **Iournals**

#### Amerasia Journal

Published by the UCLA Asian American Studies Center, Amerasia Journal is considered the most comprehensive and intellectually provocative single source on Asian American history and culture.

http://www.aasc.ucla.edu/aascpress/aj.aspx

#### AsianWeek

Published weekly, AsianWeek is a national English-language newspaper for the Asian Pacific American community.

Health Affairs: Project Hope

#### Journal of Asian American Studies (JAAS)

The official journal of the Association for Asian American Studies, published three times a year, the Journal of Asian American Studies includes original scholarly articles about the multidimensional experiences of Asian American and the Asians.

Journal of Immigrant and Minority Health

Journal of the National Medical Association

Journal of Transcultural Nursing

**Medical Care** 

# National Black Occupational Therapy Caucus (NBOTC)

Contact: William Dease - President, williamdease@red-esetgrow.com

Tara Alexander OT/L, CPC, -Vice President, turtle93kc@hotmail.com

Nadine Kwebetchou, MS, OTR/L - Professional Action

#### Mission

To identify, share, and attempt to resolve issues that are germane to African-American occupational therapists, occupational therapy assistants and occupational therapy students and to enhance participation in professional associations.

#### **Objectives**

- •Increase communication among African-American therapists, assistants, and students
- •Increase student recruitment, retention and certification
- Promote equal opportunity in employment and education
- Encourage professional association participation and leadership

#### **Internet Website Resources**

#### 1. Program for Research on Black Americans

PRBA seeks to collect, analyze, and interpret empirical data on African Americans as well as international data on people of African descent. Additionally, PRBA provides research and training opportunities to scholars, graduate students, and graduate assistants of African descent.

#### 2. <u>Stanford Ethnogeriatric Curriculum Module</u>

The health conditions in the African American or Black elder population in the U.S. are discussed in this module. An emphasis is placed on historical and traditional influences on this population's health and health care. This module is divided into the following segments:

- Assessment
- Prevention and treatment
- Access and utilization
- Culturally appropriate geriatric care

#### 3. African American Community Health Fact Sheet Written by NAMI

Mental health sheet abbreviates pertinent factors of mental illness in the African American community such as diagnosis, treatment, and cultural sensitivity.

#### 4. Race: Power of an Illusion

A newsreel series and accompanying internet site on the Public Broadcasting Station (PBS) navigates viewer through the topic of race and its effect on current social, economic and political paradigm.

#### 5. The Working Group. *Not in Our Town*

A documentary series and campaign educating and informing organizations through grassroots and educational outreach on how to prevent and respond to hate crimes.

#### 6. PBS Frontline Documentary: A Class Divided

Examines how a third grade class learns a daring lesson in discrimination that has an impact for over 30 years.

#### 7. Culture at Work

A website designed to help one negotiate difficult issues in the work setting, especially in crosscultural situations.

#### 8. Office of Minority Health.

A website designed to improve and protect the health of racial and ethnic minority populations through the development of health policies and programs that will eliminate health disparities.

#### 9. Cultural Diversity.org

A site dedicated to sharing thoughts and experiences of serving a diverse culture and the complexities involved with culture behaviors and perspectives on health and illness. These perspectives are divided into the following segments:

- Religion
- Health Practices
- Social Customs
- Cultural Competence
- Case Studies

#### Books

Angelou, M. (1969) I Know Why the Caged Bird Sings

Black, R.M. & Wells, S.A. (2007). Culture & Occupational: A model of empowerment in occupational therapy. AOTA Press Bethesda

Cox, C. (1991) Undying Glory: The Story of the Massachusetts 54th Regiment

Coleman, E., (1986) White Socks Only

Govenar, A., (2007). Untold Glory: African Americans in Pursuit of Freedom, Opportunity, and Achievement

Griffin, J. H. (1996) Black Like Me

Hopson, D. (1990) Different and Wonderful: Raising Black Children in a Race-Conscious Society

Irvin, N., (2006). Creating Black Americans: African-American History and Its Meanings, 1619 to the Present

Iwana, M.K. (2006). The Kawa Model: Culturally Relevant Occupational Therapy

Kunjufu, J., (1985). Countering the Conspiracy to Destroy Black Boys

Lattanzi (2005). Developing Cultural Competence in Physical Therapy

MacRae, A. (2005). *Environmental and Cultural Considerations*. In E. Cara & A. MacRae (Eds) Psychosocial Occupational Therapy: A clinical practice. Thomson/Delmar Learning. (Chapter 2)

Potter, J. (2002). African American Firsts: Famous Little-Known and Unsung Triumphs of Blacks in America

Spector, R.E. (2009) *Cultural Diversity in Health and Illness*, 7<sup>th</sup> edition. Pearson . Upper Saddle River

Steward, J. (1998). 1001 Things Everyone Should Know About African American History

Tatum, B. (1997). Why are all the Black Kids Sitting Together in the Cafeteria?

#### **Videos**

A Time to Kill, 1996. Director Joel Schumacher. Regency Enterprises.

Glory, 1989. Director Edward Zwick. TriStar Pictures.

The Color Purple, 1985. Director Steven Spielberg. Amblin Entertainment.

To Kill A Mockingbird, 1962. Director Robert Mulligan. Brentwood Productions.

The Klan: A Legacy of Hate in America, (1982) Writer Charles Guggenheim

Once Upon a Time When We Were Colored, 1995. Director Tom Reid. BET Pictures.

Malcom X, 1992. Director Spike Lee. 40 Acres & a Mule Filmworks.

Bill Moyers Journal: Change and a New Administration

In Search of the Dream: A Story of the African American Experience

Voices of Power: African-American Women

<u>Unchained Memories: Readings from the Slave Narratives</u>

Acres of skin: Medical Abuse Behind Bars

Bill Moyers Journal: Reconciling History in Black and White

Bill Moyers Journal: Slavery, Race, and Inequality in America

Rosewood, 1997. Amistad, 1998

#### Journals / Periodicals

Journal of National Black Nurses' Association 18(2), 43-52.

Journal of the National Medical Association

Medical Care

Journal of Immigrant and Minority Health

Health Affairs: Project Hope

Journal of Transcultural Nursing

Journal of African American Studies

Review of Black Political Economy

The Western Journal of Black Studies

Ebony

Black Enterprise

#### **Museums and Research Centers**

Schaumburg Center for research in Black Culture - http://www.nypl.org/locations/schomburg

The Black Archives and Research Center http://www.famu.edu/index.cfm?BlackArchives&TheArchives

Smithsonian- The African American History and Culture Museum <a href="http://www.si.edu/Museums/african-american-history-and-culture-museum">http://www.si.edu/Museums/african-american-history-and-culture-museum</a>

Smithsonian -African Art Museum

http://www.si.edu/Museums/african-art-museum

The DuSable Museum of African American History <a href="http://www.dusablemuseum.org/">http://www.dusablemuseum.org/</a>

# Terapia Ocupacional para Diversidad, Oportunidad y Solidaridad (TODOS)

**Network of Hispanic Practitioners** 

TODOS Website: <a href="http://todos.freehosting.net">http://todos.freehosting.net</a>

Contact: Hector L. Borrero, MBA, OTR/L, CAPS; luisborrero@yahoo.com

**The mission:** TODOS is a network and a professional community of occupational therapy practitioners and students who have as their mission to support and mentor one another; to support the exploration of careers in occupational therapy by Hispanics/Latinos; and to promote issues of diversity, inclusion, and multiculturalism within the occupational therapy profession.

#### The purpose of TODOS is to:

- Provide a consistent voice to the AOTA, state, and local professional organizations regarding the needs and concerns of Hispanics/Latino practitioners, students, and consumers
- •Support and mentor one another, and promote Hispanics/Latino representation and leadership in local, state, and national decision-making bodies
- Promote the exploration of careers in occupational therapy by Hispanics/Latinos
- •Support Hispanics/Latino practitioners who immigrate from other countries, through the process of adjustment and transition into the occupational therapy profession in the U.S.A.

#### **Internet Website Resources**

National Latino Behavioral Health Association (NLBHA) http://www.nlbha.org/

•The mission of the National Latino Behavioral Health Association (NLBHA) is to provide national leadership for the advancement of Latino behavioral health services.

The National Alliance for Hispanic Health <a href="http://www.hispanichealth.org/">http://www.hispanichealth.org/</a>
•The National Alliance for Hispanic Health is the Nation's oldest and largest network of Hispanic health and human services providers.

#### http://www.cdc.gov/nchs/FASTATS/hispanic\_health.htm

- Health status
- Health risk status
- Access to health care
- Related links

#### http://www.culturediversity.org/hisp.htm

- Religions
- Social Customs
- Health Practices

#### http://www.stanford.edu/group/ethnoger/hispaniclatino.html

- Culturally appropriate geriatric care
- Access & Utilization
- Instructional Strategies

#### http://www.cdc.gov/mmwr/preview/mmwrhtml/mm5340a2.htm

- Access to Healthcare and Preventative Services
- Statistics

#### http://www.culturediversity.org/afro.htm

- Cultural Competency
- Case Studies
- Health Practices
- Social Customs

#### http://www.nlm.nih.gov/medlineplus/hispanicamericanhealth.html

- Genetics
- Environmental factors
- Access to care
- Cultural factors

National Center on Minority Health and Health Disparities <a href="http://ncmhd.nih.gov/">http://ncmhd.nih.gov/</a>

Office of Minority Health (Dept. of Health and Human Services, Office of Minority Health <a href="http://minorityhealth.hhs.gov">http://minorityhealth.hhs.gov</a>

SACNAS (The Society for Advancement of Chicanos and Native Americans in Science) SACNAS is a diverse society with a vested interest in promoting opportunities in graduate science education for Chicano/Latino, Native American, and other students.

NHGRI (The National Human Genome Research Institute) has a <u>Spanish "Talking Glossary of Genetics."</u> Those seeking a better understanding of recent advances in genetics and genomics can benefit from this free, innovative combination of

text, illustrations, and audio commentary. Students, teachers, and health professionals will find easy-to-understand explanations of key genetics terms.

#### **Books**

Arreola, D., (2004) Hispanic Spaces, Latino Places: Community and Cultural Diversity in ContemporaryAmerica

Amparano, J., & Dann, P. (2003) America's Latinos: Their Rich History, Culture, and Traditions (Proud Heritage-the Hispanic Library)

Dawson, M. (1993). Over Here It's Different: Carolina's Story

Carbajal, F., & Humberto, M. (2008). Building the Latino Future: Success Stories for the Next Generation

Carlson, L. M., and Hijuelos, O. (1995) Cool Salsa: Bilingual Poems on Growing Up Latino in the UnitedStates

Cumpian, C. (1994). Latino Rainbow

Falicov, C.J. (2000) Latino Families in Therapy: A Guide to Multicultural Practice

Garcia, Jorge J. E., De Grief, P. (2000) Hispanics/Latinos in the United States: Ethnicity, Race, and Rights

Gonzales Bertrand, D. (1995). Sweet Fifteen.

Stavans, I. & Augenbraum, H. (1993) Growing Up Latino

Youth Communication (2005). <u>Growing Up Latino: Teens Write About Hispanic-American Identity</u>

#### **Videos**

Challenging Hispanic Stereotypes: Arturo Madrid DVD PBS

Unsung Heroes: Hispanics And The Medal Of Honor DVD

Films for Humanities & Science

- Hispanics in the Media
- Growing Up Hispanic: Children in Crisis
- The Hispanic Americans
- Hispanic Americans: One or Many Cultures?
- Hispanic Americans: The Second Generation
- Americano as Apple Pie: The Latino Experience in America
- Issues of Latino Identity: The Yearning to Be ...
- Understanding Different Cultural Values and Styles

#### **Journals**

Journal of the National Medical Association

Medical Care

Journal of Immigrant and Minority Health

Health Affairs: Project Hope

Journal of Transcultural Nursing

Hispanic America Historical Review

Hispanic Journal of Behavioral Sciences

# Network for Lesbian, Gay, Bisexual & Transgender Concerns in Occupational Therapy

Contact: info@otnetwork.org

#### http://www.otnetwork.org

**The mission** of the Network is to create the means for members of the occupational therapy professional community who are committed to advancing the understanding of sexual orientation issues to identify, support, and mentor one another and to promote research in occupational therapy.

#### **Internet Website Resources**

American Psychological Association (APA), Society for the Psychological Study of Lesbian, Gay and Bisexual Issues <a href="http://www.apadivision44.org/">http://www.apadivision44.org/</a>

The Society for the Psychological Study of Lesbian, Gay, and Bisexual issues was founded in 1985 as a Division of the American Psychological Association to represent sexual orientation issues within and beyond the Association.

Gay, Lesbian, Bisexual, Transgender (GLBT) Health Access Project http://www.glbthealth.org/

The mission of this organization is to strengthen the Massachusetts Department of Public Health's ability to foster the development of comprehensive, culturally appropriate health promotion policies and health care services for GLBT people through a variety of venues including community awareness, policy development, advocacy, direct service and prevention strategies.

Scientists and Technical Professionals: The National Organization of Gay and Lesbian Scientists and Technical Professionals <a href="https://www.noglstp.org">www.noglstp.org</a>

Speech and Language Pathologists: Lesbian, Gay, Bisexual and Transgender Audiologists and Speech-Language Pathologists <a href="http://www.lgasp.com/">http://www.lgasp.com/</a>

Gender Spectrum Education and Training <a href="http://www.genderspectrum.org">http://www.genderspectrum.org</a>

Parents and Families of Lesbians and Gays (PFLAG) http://www.pflag.org

Health Professionals Advancing LGBT Equality <a href="www.glma.org">www.glma.org</a> (provides webinars on cultural competence and resources for health care providers, students, and patients)

Guidelines for Care of Lesbian, Gay, Bisexual, and Transgender Patients (from GLMA (Health Professional Advancing LGBT Equality; formerly Gay and Lesbian Medical Association) (includes several pages of resources) <a href="http://www.qahc.org.au/files/shared/docs/GLMA\_guide.pdf">http://www.qahc.org.au/files/shared/docs/GLMA\_guide.pdf</a>

Gay and Lesbian Medical Association and LGBT Health Experts. (2001). Healthy People 2010 Companion Document for Lesbian, Gay, Bisexual, and Transgender (LGBT) Health. San Francisco, CA: Gay and Lesbian Medical Association. <a href="http://www.glma.org/data/n\_0001/resources/live/HealthyCompanionDoc3.pdf">http://www.glma.org/data/n\_0001/resources/live/HealthyCompanionDoc3.pdf</a>

Information for health professionals to consider when working with gay, lesbian, or bisexual clients (focus on general practitioners; written by an OT in Ireland; legal information specific to Ireland)

http://www.glen.ie/attachments/ICGP Guide May 2013.PDF

Website for mental health for LGBT individuals (good information although support services resources are specific to Ireland) <a href="http://www.lgbtmentalhealth.ie/default.aspx">http://www.lgbtmentalhealth.ie/default.aspx</a>

Institute on Aging. This local organization in the San Francisco Bay Area provides training for health care providers for LGBT seniors. There is an LGBT and Aging conference. <a href="http://www.ioaging.org/">http://www.ioaging.org/</a>

The LGBT Community Fund: Chicago organization with LGBT Community Needs Assessment information; funds grants. <a href="http://www.cct.org/impact/partnerships-initiatives/strengthening-communities/lgbt-community-fund">http://www.cct.org/impact/partnerships-initiatives/strengthening-communities/lgbt-community-fund</a>

Health issues for LGBT Individuals from SAMHSA <a href="http://captus.samhsa.gov/access-resources/top-health-issues-lgbt-populations-information-and-resource-kit-samhsa">http://captus.samhsa.gov/access-resources/top-health-issues-lgbt-populations-information-and-resource-kit-samhsa</a>

The Trevor Project: The Nation's only 24/7 crisis helpline for LGBT and questioning youth 1-866-4-U-Trevor (1-866-488-7386); http://www.thetrevorproject.org/

Gay, Lesbian, & Straight Education Network (GLSEN): <a href="http://www.glsen.org/">http://www.glsen.org/</a> (resources especially relevant for school-based practice)

National LGBT Health Education Center: <a href="http://www.lgbthealtheducation.org/">http://www.lgbthealtheducation.org/</a>

National Resource Center on LGBT Aging: www.lgbtagingcenter.org

Services and Advocacy for GLBT Elders (SAGE): http://sageusa.org

#### **Books**

#### General

Always My Child: A Parent's Guide to Understanding Your Gay, Lesbian, Bisexual, Trangendered or

Questioning Son or Daughter, by Kevin Jennings (Fireside, 2002).

Boenke, M. (1999). Trans Forming Families: Real Stories about Transgendered Loved Ones

Brill, S., and Pepper, R. (2008). The transgender child: A handbook for families and professionals. San Francisco. Cleis Press Inc.

Griffin, C., Wirth, M., & Wirth, A., (1997) Beyond Acceptance: Parents of Lesbians and Gays Talk About Their Experiences

Weinrich, J. D., & Williams, W. L. (1991). Strange customs, familiar lives: Homosexualities in other cultures. In J. C. Gonsiorek & J. D. Weinrich (Eds.), *Homosexuality: Research implications for public policy*. 44-59. Newbury Park, CA: Sage.

Lambda Literary posts information and reviews on LGBT literature: http://www.lambdaliterary.org/

American Library Association Gay. Lesbian, Bisexual, and Transgender Round Table releases annual lists of recommended books: Rainbow Books—for teens and children and Stonewall Book Awards <a href="http://www.ala.org/glbtrt/">http://www.ala.org/glbtrt/</a>

#### **Videos**

Brokeback Mountain (2005)

Before Stonewall (1984)

After Stonewall (1999)

Ballot Measure 9 (1995)

Milk (2008)

The Brandon Teena Story (1998)

Coming Out Under Fire (1994)

Licensed to Kill (1997)

Family Fundamentals (2002)

For the Bible Tells Me so (2007)

Tying the Knot (2004)

Silverlake Life (1993)

Common Threads – Stories from the Quilt (1989)

And the Band Played On (1993)

Philadelphia (1993)

Boys Don't Cry (1999)

TransGeneration (2005)

Red Without Blue (2007)

Gendernaughts (1999)

Inside Out (2006)

Middle Sexes: Redefining He and She (2006)

Southern Comfort (2001)

SoleJourney (2008)

Gay Siblings (2008)]

Anti-gay Hate Crimes (2008)

Latino Beginnings (2005)

Beautiful Daughters (2006)

On the Downlow (2007)

Trained in the Ways of Men (2007)

Fish out of water (2009)

Soldier's Girl (2003)

The Celluloid Closet (1995)

The Sensei (2008)

Torch Song Trilogy (1988)

TransAmerica (2005)

Bridegroom (2013)

## **Iournals**

Journal of Gay and Lesbian Mental Health

GLQ: Journal of Lesbian and Gay Studies

Journal of Gay & Lesbian Social Services

Beagan, B. L., De Souza, L., Godbout, C., Hamilton, L., MacLeod, J. Paynter, E., & Tobin, A. (2012). "This is the biggest thing you'll ever do in your life": Exploring the occupations of transgendered people. *Journal of Occupational Science*, 19(3), 226-240, doi: 10.1080/14427591.2012.659169

Boehmer, U. (2002). Twenty years of public health research: Inclusion of lesbian, gay, bisexual, and transgender populations. *American Journal of Public Health*, 92(7), 1125.1130.

Burdge, B. J., (2007). Bending gender, ending gender: Theoretical foundations for social work practice with the transgender community. *Social Work*, *52*(3), 243-250. Burgess, C. (1999). Internal and external stress factors associated with the identity development of transgendered youth. *Journal of Gay & Lesbian Social Services*, *13*(3/4), 35-47.

Couldrick, L. (1999). Sexual issues within occupational therapy part 2: Implications for education and practice.

British Journal of Occupational Therapy, 62(1), 26-30.

Couldrick, L. (2005). Sexual expression and occupational therapy. *British Journal of Occupational Therapy*, 68(7), 315-318.

Harrison, J. (2001). 'It's none of my business': Gay and lesbian invisibility in aged care. Australian Occupational Therapy Journal, 48, 142-145.

Jackson, J. (1995). Sexual orientation: Its relevance to occupational science and the practice of occupational therapy. *The American Journal of Occupational Therapy* 49(7), 669-678.

Jackson, J. (2000). Understanding the experience of noninclusive occupational therapy clinics: Lesbians' perspectives. *American Journal of Occupational Therapy*, 54, 26-35.

Javaherian, H., Christy, A., Boehringer, M. (2007). Occupational therapy practitioners' comfort levels and preparedness in working with individuals who are gay, lesbian, or bisexual. *Journal of Allied Health*, 37(3), 150-155.

Jones, M.K., Pynor, R.A., Weerakoon, P. (2005). Survey of occupational therapy students' attitudes towards sexual issues in clinical practice. *Occupational Therapy International*, 12(2), 95-106.

Kingsley, P., Molineux, M. (2000). True to our philosophy? Sexual orientation and occupation. *British Journal of Occupational Therapy*, 63(5), 205-210.

Walsh, A.L., & Crepeau, E. B. (1998). "My secret life": The emergence of one gay man's authentic identity. *American Journal of Occupational Therapy*, 52, 563-569.

Gay and Lesbian Medical Association and LGBT Health Experts. (2001). Healthy People 2010 Companion Document for Lesbian, Gay, Bisexual, and Transgender (LGBT) Health. San Francisco, CA: Gay and Lesbian Medical Association. <a href="http://www.glma.org/data/n.0001/resources/live/HealthyCompanionDoc3.pdf">http://www.glma.org/data/n.0001/resources/live/HealthyCompanionDoc3.pdf</a>

Gonsiorek, J. C., & Shernoff, M. (1991). AIDS prevention and public policy: The experience of gay males. In J.

C. Gonsiorek, & J. D. Weinrich (Eds.), Homosexuality: Research implications for public policy (pp. 230-243). Newbury Park, CA: Sage. 19. Gramick, J. (1983). Homophobia: A new challenge. Social Work, 28, 137-141.

Guthrie, C. (1999). Nurses' perceptions of sexuality relating to patient care. *Journal of Clinical Nursing*, 8,313-323.

Harrison, J. (2001). 'Its none of my business': Gay and lesbian invisibility in aged care. Australian Occupational Therapy Journal, 48, 142-145.

Harrison, J., (2002). What are you really afraid of? Gay, lesbian, bisexual, transgender and intersex ageing, ageism, and activism. Word is Out, 2, 1-11.

Herson, L., Hart, K.A., Gordon, M.J., Rintala, D.H. (1999). Identifying and overcoming barriers to providing sexuality information in the clinical setting. *Rehabilitation Nursing*, 24, 148-151.

Hobbs, M. (2004). The Networker. *Time to organize the closet*, 11(1), 4-6. Human Rights Campaign Foundation, Gay and Lesbian Medical Association Release First of its Kind Healthcare Equality Index. (2009). Retrieved January 23, 2009.http://www.hrc.org/your\_community/9854.htm

Istar Lev, A. (2004). Transgender emergence: Therapeutic guidelines for working with gender-variant people and their families. Binghamtom, NY: Haworth Press, Inc.

lwama, M. (2003). Toward culturally relevant epistemologies in occupational therapy. *American Journal of Occupational Therapy*, 57(5), 582-588.

Jackson, J. (1995). Sexual orientation: Its relevance to occupational science and the practice of occupational therapy. *The American Journal of Occupational Therapy* 49(7), 669-678.

Jackson, J. (2000). Understanding the experience of noninclusive occupational therapy clinics: Lesbians' perspectives. *American Journal of Occupational Therapy*, 54, 26-35. Javaherian, H., Christy, A., Boehringer, M. (2007). Occupational therapy practitioners' comfort levels and preparedness in working with individuals who are gay, lesbian, or bisexual. *Journal of Allied Health*, 37(3), 150-155.

# Network of Native American Practitioners (NNAP)

Contact: LaVonne Fox, PhD, OTR/L; lavonne.fox@med.und.edu

**The mission:** The Network for Native American Practitioners (NNAP) serves to increase resources for occupational therapists currently working with, or interested in working with, Native Americans. The NNAP promotes the recruitment and retention of Native Americans into the field of occupational therapy and the development of materials to educate the profession and the AOTA membership about Native American issues.

#### **Internet Website Resources**

- U.S. National Library of Medicine http://www.nlm.nih.gov/exhibition/if you knew/if you knew 01.html
  - This document presents the history and relationship of healthcare between the U.S. government and Native American/American Indians
- 2. Native American Health: Medline Plus http://www.nlm.nih.gov/medlineplus/nativeamericanhealth.html
  - Genetics
  - Environmental factors
  - Access to care
  - Cultural factors
- 4. Bureau of Indian Affairs (BIA)
  - http://www.bia.gov/

Indian Affairs (IA) is the oldest bureau of the United States Department of the Interior. Established in 1824, IA currently provides services (directly or through contracts, grants, or compacts) to approximately 1.9 million American Indians and Alaska Natives. There are 566 federally recognized American Indian tribes and Alaska Natives in the United States.

- 5. US Department of Health & Human Services: Indian Health Services
  - http://www.ihs.gov/

The IHS is the principal federal health care provider and health advocate for Indian people, and its goal is to raise their health status to the highest possible level. The IHS currently provides health services to approximately 1.5 million American Indians and Alaska Natives who belong to more than 557 federally recognized tribes in 35 states.

- 6. National Conference of State Legislators
  - <a href="http://www.ncsl.org/research/state-tribal-institute/list-of-federal-and-state-recognized-tribes.aspx">http://www.ncsl.org/research/state-tribal-institute/list-of-federal-and-state-recognized-tribes.aspx</a>
- 7. Census Bureau "The American Indian and Alaska Native Population: 2000"
  - This 12 page report provides a portrait of the American Indian population in the United States and its distribution at both the national and sub-national levels.
- 8. <u>National Library of Medicine, American Indian Health Search http://americanindianhealth.nlm.nih.gov/</u>
  An information portal to issues affecting the health and well-being of American Indians.
- 9. National Center for American Indian and Alaska Native Mental Health Research, http://www.ucdenver.edu/academics/colleges/PublicHealth/research/centers/CAIANH/NCAIAN MHR/Pages/ncaianmhr.aspx

The NCAIANMHR is one of four minority mental health research Centers sponsored by the National Institute of Mental Health and is the only program of this type in the country focusing specifically on American Indian and Alaska Native populations.

10. National Indian Child Welfare Association

NICWA is dedicated to the well-being of American Indian children and families. The partnership with the Center for Mental Health Services and an interagency agreement with the Indian Health Service (IHS) allows NICWA to provide technical assistance to seven tribal service grantees and nine "Circles of Care" planning grantees.

- 11. University of North Dakota Center for Rural Health http://ruralhealth.und.edu/what-we-do/native-americans The Center for Rural Health works with tribal communities to help improve health outcomes and wellbeing for American Indians.
- 12. American Indian Resource Directory
  <a href="http://www.indians.org/resource-directory.html">http://www.indians.org/resource-directory.html</a> The purpose of Resource Directory is to provide general administrative Tribal contacts, unique cultural information and links to additional locations that provide information about American Indian tribes and their resources.
- 13. Index of American Indian Resources: <a href="http://www.hanksville.org/NAresources/">http://www.hanksville.org/NAresources/</a>

#### **Books**

Brown, D., & Sides, H. (2007). Bury My Heart At Wounded Knee

Deloria, V. (1974 & 2007) We Talk, You Listen: New Tribes

Chavers, D. (2009) Racism in Indian Country

Fleming, W.C. (2003). The Complete Idiot's Guide to Native American History

Katanski, A.V. (2005). <u>Learning to Write "Indian": The Boarding-School Experience And American Indian Literature</u>

Kerstetter. T. M. (2006) <u>God's Country, Uncle Sam's Land: FAITH AND CONFLICT IN THE AMERICAN WEST</u>

Mihesuah, D.A. (1997) American Indians: Stereotypes & Realities

National Museum of The American Indian. Do All Indians Live in Tipis?: Questions and Answers from the National Museum of the American Indian

Neihardt, J.G., Standing Bear & La Farge, O. (1975) Black Elk Speaks

Neihardt, J.G. (2008). <u>Black Elk Speaks: Being the Life Story of a Holy Man of the Oglala Sioux, the Premier Edition</u>

Rosier, P. (2003). Native American Issues (Contemporary American Ethnic Issues)

Ross, J. I. & Gould L. (2006) Native Americans and the Criminal Justice System

Russel, George. American Indian Facts of Life (2004).

Williams, R. Jr. (2005). <u>Like a Loaded Weapon: The Rehnquist Court, Indian Rights, and the Legal History of Racism in America (Indigenous Americas)</u>

Utter, J. (2002) <u>America Indians: Answers to Today's Questions (Civilization of the American Indian)</u>

#### **Videos**

HBO Films original production 'Bury My Heart At Wounded Knee' ... Bury My Heart At Wounded Knee DVD.

PBS: Indian Country Diaries

PBS: Way of the Warrior

NATIVE AMERICANS - A TRIBUTE (2008)

'Two Rivers' - A Native American Reconciliation (2007)

Dream Keeper (2004)

The Trail of Tears: Cherokee Legacy (2006)

Bury My Heart at Wounded Knee (2007)

How To Trace Your Native American Heritage (2003)

Native American Medicine (2002)

History - Wild West Tech: Native American Tech (2008)

The Last of His Tribe (2004)

Wounded Heart: Pine Ridge and the Sioux (2006)

500 Nations (2004)

Legacy: Native American Photogravures & Music (2003)

Indian Warriors - The Untold Story of the Civil War (History Channel) (2007)

<u>All Is Made Beautiful: Native American Traditions With Warrior Woman Oh Shinnah Fast Wolf</u> (2008)

Black Indians: An American Story (2004)

Sitting Bull (2008)

Native American Healing in the 21st Century (2004)

Red Earth Festival 2007 (2008)

The Language of Spirituality (2009)

Incident at Oglala - The Leonard Peltier Story (2004)

Biography: Native American Legends: Sitting Bull, Geronimo, Crazy Horse: A&E

**Chiefs** (2006)

Edge of America (2006)

Pow Wow Trail, Episode 4: The Grand Entry (2006)

Pow Wow Trail, Episode 3: The Dances (2005)

Jim Thorpe: All American (2007)

A History of American Indian Achievement (2008)

Rain in the Mountains (2008)

Windtalkers (2002)

American Experience - The Way West: How the West Was Lost & Won, 1845-1893 (2006)

# **Journals**

American Indian Library Association: has a significant list of journals:

http://ailanet.org

Alternative Therapies in Health and Medicine

Journal of the National Medical Association

Journal of Immigrant and Minority Health

Health Affairs: Project Hope

Journal of Transcultural Nursing

# Network of Occupational Therapy Practitioners with Disabilities and Supporters

Contact: Sandy Hanebrink, OTR/L, Chair, wheeldogs@yahoo.com

The mission: The Network of Occupational Therapy Practitioners with Disabilities and Supporters (NOTPD) is an independent organization and member of the AOTA recognized Multiculturalism, Diversity & Inclusion Network. The NOTPD advocates for equal access and inclusion of all occupational therapy practitioners, students, and members of the public in AOTA-sponsored events, programs, and services as well as in the occupational therapy profession as a whole. The NOTPD serves as a voice for its members on disability issues and is a resource on disability culture, legislation and advocacy. The NOTPD's ultimate goal is to make AOTA and the occupational therapy profession the world leaders in respecting and promoting equal access and inclusion of all people. (www.notpd.org)

#### **Internet Website Resources**

ADA Anniversary Toolkit: http://www.adaanniversary.org/

Disability and disability culture: <a href="http://www.adata.org/">http://www.adata.org/</a>

Disability Culture in NYC <a href="http://disabilityculture.org/">http://disabilityculture.org/</a>

Disability History Museum <a href="http://www.disabilitymuseum.org/">http://www.disabilitymuseum.org/</a>

Disability World http://www.disabilityworld.org/

Films Involving Disabilities <a href="http://www.disabilityfilms.co.uk/">http://www.disabilityfilms.co.uk/</a>

Disability Social History Project: <a href="http://disabilityhistory.org/">http://disabilityhistory.org/</a>

Independent Living Institute http://www.independentliving.org/newsletter/12-01.html

National Centers for Health Statistics, Classifications of Diseases and Functioning & Disability <a href="http://www.cdc.gov/nchs/about/otheract/icd9/icfhome.htm">http://www.cdc.gov/nchs/about/otheract/icd9/icfhome.htm</a>

Rehabilitation Research and Training Centers on Aging with a Disability Healthy Aging RRTC <a href="http://agerrtc.washington.edu/">http://agerrtc.washington.edu/</a>

Rehabilitation Research and Training Center on Developmental Disabilities and Health (RRTCDD) <a href="http://www.rrtcadd.org/">http://www.rrtcadd.org/</a>

Vaccine Protocols for Health Professionals. http://www.cdc.gov/flu/professionals/acip/2013-summary-recommendations.htm

http://www.hopkinsmedicine.org/mandatory\_flu\_vaccination/faq.html#Exceptions

Disability History: An Important Part of America's Heritages

https://www.dol.gov/odep/documents/Disability%20History\_508%20compliant\_links.pdf

## **Employment and TBI**

http://search.naric.com/research/redesign\_results.cfm?search=2&type=all&phrase=no&criteria=Articles%20on%20employment%20and%20individuals%20with%20Traumatic%20Brain%20Injury

PTSD and employment outcomes are older

(http://link.springer.com/article/10.1007/s11020-005-3780-2) and (http://www.rehab.research.va.gov/jour/08/45/3/pdf/resnick.pdf)

VA database on PSTD <a href="http://www.ptsd.va.gov/professional/pilots-database/pilots-db.asp">http://www.ptsd.va.gov/professional/pilots-database/pilots-db.asp</a> and use the search term "employment"

Assistive Technology Industry Association <a href="http://www.atia.org">http://www.atia.org</a>

Friends of ATIA Newsletter <a href="http://www.atia.org/i4a/pages/index.cfm?pageid=3858">http://www.atia.org/i4a/pages/index.cfm?pageid=3858</a></a> Quality Indicators for Assistive Technology Listserv <a href="http://indicators.knowbility.org/">http://indicators.knowbility.org/</a>

#### Deaf Or Hard of Hearing

Resources for Improving Health Care to Deaf and Hard of Hearing People: http://research.gallaudet.edu/HealthCare/\_A Project of the Centers for Medicare and Medicaid Services (CMS), Gallaudet University and Delmarva Foundation for Medical Care.

This project website provides resources for the community, professionals and students. The Standards of Care for the Delivery of Mental Health Services to Deaf and Hard of Hearing Persons may be of particular interest.

The Gallaudet Research Institute (GRI) \_GRI researchers gather and analyze data concerning the demographic and academic characteristics of deaf and hard of hearing populations, primarily to provide information needed by educators in the field.

Substance and Alcohol Intervention Services for the Deaf (SAISD), Rochester Institute of Technology <a href="http://www.rit.edu/ntid/saisd/">http://www.rit.edu/ntid/saisd/</a>

•SAISD provides substance abuse recovery resources for consumers, their families and friends, and providers. SAISD offers a National Directory of Alcohol and Other Drugs Prevention and Treatment Programs Accessible to the Deaf.

National Association of the Deaf (NAD)

http://nad.org • NAD is a membership organization with a mission "to promote, protect, and preserve the rights and quality of life of deaf and hard of hearing individuals in the United States of America." NAD has a position statement on Mental Health Services For People who are Deaf and Hard of Hearing.

# **ADA25 Program & Related Activities**

#### 1. App

Description: From Dis 2 Dat is an interactive mobile and web based application that tells the story of the key characters and places involved in the passage of The Americans with Disabilities Act (ADA). The app will be an immersive, story based experience for anyone interested in how the world around them has been transformed due to the passage of the ADA.

Status: Seeking Partners

Contact: Alice Elliott, welcomechangealice@gmail.com,

#### 2. Archive

A) How To, <a href="http://adalegacy.com/preservation/want-preserve-your-history-collection">http://adalegacy.com/preservation/want-preserve-your-history-collection</a>

B) Description: GA Disability Rights History,

http://www.ihdd.uga.edu/resources/GeorgiaDisabilityHistoryAlliance.php

Status: Ongoing

Contact: Gillian Grable, gilliangrable12@gmail.com

#### 3. Books

A) Description/Topic: ADA Status: Draft by June, 2014

Publisher: Beacon Press, http://www.beacon.org/

Contact: Lennard Davis, <a href="mailto:lennarddavis.com/">lennarddavis.com/</a>

#### B) Description/Topic: Justin Dart Jr.

Contact: Sean Spence, sean@caledonvirtual.com, http://www.caledonvirtual.com/

- C) Libby and the Cape of Visitability, http://concretechange.org/
- D) A Disability History of the US, http://www.beacon.org/productdetails.cfm?PC=2287
- E) What We Have Done, <a href="http://www.umass.edu/umpress/title/what-we-have-done">http://www.umass.edu/umpress/title/what-we-have-done</a>

#### 4. Call to Action

Description:

http://www.disabilityleadership.net/index.php?option=com\_content&view=article&id=41

Status: Released in July, 2013

Contact:

http://www.disabilityleadership.net/index.php?option=com\_content&view=article&id=5&ltemid=3

### 5. Calendar

Description: 18 Months, July, 2014-December, 2015

Status: Seeking Partners

Contact: Kristen Vincent, kevincent619@gmail.com

# 6. Community Based Celebrations

Description: <a href="http://adalegacy.com/get-involved">http://adalegacy.com/get-involved</a>

- 7. Conferences in 2014 & 2015
- A) ADA Symposium, <a href="http://adasymposium.org/">http://adasymposium.org/</a>
- B) Society for Disability Studies (SDS), <a href="http://disstudies.org/annual-conference">http://disstudies.org/annual-conference</a>

8. DocumentariesA) Description: ADAPTStatus: Interviewing/Filming

Contact: Peter Grosz, peter@roustaboutmedia.com, http://roustaboutmedia.com/

B) Description: Disability Rights, <a href="http://www.storylinemotionpictures.com/">http://www.storylinemotionpictures.com/</a>

Status: Complete

Contact: Eric Neudel, ericneudel@gmail.com

- 9. Exhibits/Arifacts
- A) ADAPT, <a href="http://adapt25.org/and-http://www.adapt.org/reports">http://adapt25.org/and http://www.adapt.org/reports</a>
- B) Deaf President Now, <a href="https://www.gallaudet.edu/dpn25.html">https://www.gallaudet.edu/dpn25.html</a>
- C) Everybody, <a href="http://everybody.si.edu/">http://everybody.si.edu/</a>
- D) Justin Dart Puppet, <a href="http://www.matrixtheatre.org/#!giant-puppet-rentals/cx04">http://www.matrixtheatre.org/#!giant-puppet-rentals/cx04</a>
- E) Musuem of disABILITY History, <a href="http://museumofdisability.org/">http://museumofdisability.org/</a>
- F) Patient No More!

http://longmoreinstitute.sfsu.edu/pages/patient-no-more-interactive-multimedia-exhibit

Contact: http://www.sfsu.edu/emailref.html

- G) NCCHR, http://www.civilandhumanrights.org/index.html
- H) Universal Design,

http://www.ncsu.edu/www/ncsu/design/sod5/cud/about\_us/usronmace.htm

Contact: <a href="mailto:jeweeber@yahoo.com">jeweeber@yahoo.com</a>

- 10. Film Festivals
- A) ReelAbilities, http://www.reelabilities.org/
- B) Superfest, <a href="http://superfestfilm.com/">http://superfestfilm.com/</a>
- 11. Journal, SDS Anniversary Edition

Description: <a href="http://disstudies.org/publications/special-issue-ada">http://disstudies.org/publications/special-issue-ada</a>

12. National Celebration

Contact: NCIL, http://www.ncil.org/annual-conference/

13. Report Card(s)

Contact: NCD, Anne Sommers, <u>ASommers@ncd.gov</u>

14. Stamp

Contact: Robin Jones, <u>quiness@uic.edu</u>

15. Survey/Polling

Possible Partners, ILRU, <a href="http://ilru.org/html/about/contact.html">http://ilru.org/html/about/contact.html</a> and RespectAbility, <a href="http://www.respectabilityusa.org/">http://www.respectabilityusa.org/</a>

- 16. Swag, Anniversary items
- A) 3E Love, <a href="http://www.3elove.com/">http://www.3elove.com/</a>
- B) Posters, <a href="http://www.adapt.org/">http://www.adapt.org/</a>

17. Tool Kit, etc.

Description: http://adalegacy.com/ada25

18. Tour

Description: http://www.adalegacy.com/celebration/legacy-tour-will-celebrate-ada

19. Websites

A) Description: ADA, <a href="http://13379618.nhd.weebly.com/">http://13379618.nhd.weebly.com/</a>

Status: Complete B)I AM OLMSTEAD

Status: Under Construction

Contact: Talley Wells, ctwells@atlantalegalaid.org/

#### **Books**

# **Publications**

Bauby, Jen-Dominique (2007) The Diving Bell and the Butterfly. Vintage International Publications

Baynton, Douglas C. (1996). Forbidden Signs: American Culture and the Campaign Against Sign Language. University of Chicago Press.

Beuf, Ann H (1989) Biting Off the Bracelet: A Study of Children in Hospitals. University of Pennsylvania Press

Bottoms, Greg (1995) Angelhead: My Brother's Decent into Madness. U niversity of Chicago Press

Cohen, Leah Hager (1995). Train Go Sorry: Inside a Deaf World. Vintage Publications

Davis, Lennard J (1995) Enforcing Normalcy: Disability, Deafness, and the Body. Verso Books

Davis, Lennard J (1999) My Sense of Silence: Memoirs of a Childhood with Deafness. University of Illinois Press.

Fries, Kenny. Staring Back: The Disability Experience from the Inside Out. Penguin Putnam, 1997.

Goldsmith, Harry S. A Conspiracy of Silence: The Health and Death of Franklin D. Roosevelt. Universe, 2007

Grandin, Temple (1996) Thinking in Pictures: and Other Reports from My Life with Autism. Vintage Books

Grealy, Lucy (1994) Autobiography of a Face. Perennial Books

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# **AUDIO**

Johnny Crescendo, Easy Money / Choices and Rights / Pride

All three available from *Mouth*, Post Office Box 558, Topeka, Kansas 66601-0558. \$11 each.

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# Magazines

Mainstream (P.O. Box 370598, San Diego, CA 92137)

Mouth (61 Brighton Street, Rochester, NY 14607)

New Mobility (P.O. Box 8987, Malibu, CA 90265)

The Ragged Edge (was The Disability Rag - Advocado Press, Box 145, Louisville, KY 40201)

# Orthodox Jewish Occupational Therapy Caucus

Contact: Peggy L. Gurock, OTR, ojotc@hotmail.com

**The mission**: The goals of the OJOTC are:

- To work with our professional organizations in meeting the religious needs of our members
- To provide a forum for our members and other occupational therapists to discuss issues related to practice and our religion.
- To educate practitioners in the treatment and cultural needs of their Jewish clients.
- To assist our members in resolving conflicts that may arise including Shabbat, Kashrut and other religious commitments.

Web site: www.ojotc.org

#### Resources

In keeping with the mission goals of the Orthodox Jewish Occupational Therapy Caucus the resources on this page of your toolbox are different - as reflective of the needs this group represents.

The following are three areas of how orthodoxy impacts the life of the Orthodox observant Jew. It is anticipated that this information will better enable cultural sensitivity and awareness of the occupational therapy practitioner for both clients and peers.

#### I. Kosher

Often referred to as "keeping kosher" the rules and details of this religious observance are complex and beyond the scope of this toolbox. Rather the focus of this section is to better enable non-orthodox individuals to appreciate the practical impact for clients and clinician.

According to Orthodox Jewry ALL food consumed must be kosher. This status is determined differently for different categories of food, but is established by a "kosher symbol" that identifies

the food item as kosher. Some of the more widely recognized symbols include:







among many others.

Food that is not kosher, or food that is kosher but opened without orthodox supervision, or food that is placed in a non-kosher receptacle (i.e., serving bowl) cannot be consumed by an orthodox Jewish person. This may create difficulties in in-patient settings, out-patient cooking/meal preparation activities and/or community based treatment settings.

Awareness of this requirement opens lines of communication and enables practitioners to help their clients in meaningful ways.

# II. Sabbath/Shabbos/Shabbat and Holidays

Every week from sunset Friday through sundown Saturday orthodox Jews observe the Sabbath (pronounced differently dependant on region). This twenty-six hour observation involves prayers, meals and family time. The most significant aspect to understand for the purposes of this tool box is that no "work" can be done during its duration. "Work" is defined as energy creating activities so that using electricity (i.e., opening lights), transportation other than walking (i.e., car), and talking on the telephone are all prohibited.

These restrictions apply to specific holidays on the Jewish calendar including the High Holidays and Passover to name a few. Orthodox Jews take these restrictions very seriously and very literally. While these restrictions do not apply if a life is at stake, observing as much of these religiously significant behaviors and restrictions is a value that should be respected.

Awareness of this area of observance will help clinicians develop sensitivity to both patients and their families. Respect of their clients' values for these observances will put clinicians in the unique position to provide support. In addition, better understanding of these restrictions will help clinicians understand the needs of their peers and the reason the OJOTC is such an important aspect of this caucus.

#### **III Gender Issues**

This is not the place for a theological discussion related to gender roles and religion. Rather this is a brief presentation of the practical impact of gender issues that may impact practice.

The primary concept to remain aware of is that there is a general restriction for individuals to limit physical contact to close relatives of the opposite sex and avoid such contact with non-relatives. Therefore, shaking hands or other casual contact between individuals of opposite sex is not acceptable. This impacts introductions and casual interactions but does not limit treatment techniques. Touch for the sake of healing, which occupational therapy practitioners use regularly, is acceptable – and encouraged. Life, and the quality of life, is a value. Therefore, treatment is not restricted to same gender practitioners, though it is preferred. It is helpful to keep in mind that orthodox Jews do not have experience with casual touching and are often uncomfortable with touch, without indicating dysfunction. A clinician discussing sexual dysfunction with a client anticipates a certain amount of discomfort and addresses the issue respectfully. All touch with an orthodox person of an opposite sex to the practitioner should be understood in this context. In addition, keep in mind that this applies to family members as well. Lastly, eye contact discomfort with persons of the opposite sex exists in some segments of orthodoxy and should be tolerated and not perceived as rudeness.

Awareness of this area of observance will enable clinicians to avoid creating embarrassing or awkward moments with clients, client families, and peers.

#### **Additional Resources:**

There are no websites the OJOTC endorses for better understanding of Judaism. We are available to answer questions and help practitioners with specific cases and can be reached by the contact information listed above.

There are websites related to Jewish resources for the disabled. Recommendations for specific clients' needs can be attained by contacting the OJOTC.

Recommendations for specific clients' needs on these, or other issues, can be attained by contacting the OJOTC at: <a href="https://www.OJOTC.org">www.OJOTC.org</a>